Baby names starting with F

Modern, yet rooted in India | Cradle to Able

F is rare in Sanskrit-based names, but common in Urdu, Persian and Punjabi names, so this list draws on all three.

Girl names

1. **Falak** — Urdu
   Sky, heaven.
2. **Farah** — Arabic and Urdu
   Joy, happiness.
3. **Fatima** — Arabic
   A name from the Prophet's family; common across Indian Muslim families.
4. **Fiza** — Urdu
   Breeze, atmosphere.
5. **Falguni** — Sanskrit
   Born in the month of Phalguna.

Boy names

1. **Fahad** — Arabic
   A leopard; sources also give panther.
2. **Faiz** — Arabic and Urdu
   Abundance, benefit.
3. **Farhan** — Arabic and Urdu
   Joyful.
4. **Firoz** — Persian
   Victorious; also turquoise.
5. **Fateh** — Punjabi and Arabic
   Victory.